



Straits Primary School
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Head Teacher: Mr P. Freear
Chair of Governors: Mr L. Bourne

2nd September, 2026

Dear parents/carers,

As part of the national curriculum for PE, your child will begin swimming lessons this year in Year 3. **We will be alternating which class goes swimming each half term.** Children in 3J will be doing their swimming lessons in Autumn 1, Spring 1 and Summer 1. 3C will be doing their swimming lessons in Autumn 2, Spring 2 and Summer 2.

The first lesson for 3J will be on **Thursday 10th September** (no lesson in the first week).
The first lesson for 3C will be on **Thursday 5th November**.

The swimming lessons will take place at The Wordsley School, lasting for 60 minutes from 9:20-10:20am each Thursday. Our coach will leave at 9:05am, so I will open the class door early at 8:40am and the pupils will need to be in school by 8:55am to be registered.

On these days, please send your child a healthy snack to school so that they can eat before we leave for swimming to give them a bit of an energy boost.

When swimming lessons commence, the children will need to bring their swimming clothing (including a towel) every Thursday in a separate bag. Please could you ensure bags and clothing are clearly named. Boys will need to wear swimming trunks or shorts (no longer than knee length please for safety). Girls will need to wear swimming costumes (one-piece only).

All children need to wear a swimming cap (these are rules set by The Wordsley School). Swimming caps are available from the school office at a cost of £1.50.

We have also received advice from Dudley Swimming Consultation Group regarding the use of goggles, which states:

‘Goggles should only be worn in exceptional circumstances where the effects of the water may adversely affect students’ eyes. Any goggles used must be made of unbreakable plastic or rubber. Students must be taught to remove them by slipping them off their head rather than by stretching the retaining band.’ If you would like your child to wear goggles, then please can you indicate on the reply slip. Also, if you do not give consent for your child to wear goggles but change your mind later in the term, or your child complains of sore eyes after swimming and you want them to wear goggles, then please just let us know.

Children are **not** allowed to wear earrings or plastic retainers for swimming lessons. If your child is unable to remove their earrings, please can we ask that these are removed before school as staff are not allowed to remove them.

During the first session, the children will be assessed individually by the swimming instructors in the shallow end so that they can then be taught according to their needs. Armbands and float-belts will be provided if necessary, so you do not need to worry about sending your child with these.

We would like to ask for a contribution of £15.00 per term which covers part of the cost of swimming and the transport. This can be paid via the ScoPay system.

If you have any queries, please do not hesitate to contact us.

Yours sincerely,

Mr Jones and Miss Cartwright

Reply Slip - Swimming Lessons – 3J (Aut 1, Spr 1, Sum 1) & 3C (Aut 2, Spr 2, Sum 2)

Child's Name:

Child's Year 3 class (3J or 3C):

I give consent for my child to attend swimming lessons: ☐ (please tick for yes)

My child will be wearing goggles: ☐ (please tick for yes)

I confirm I will pay my contribution via the ScoPay system.

Parent / carer signature: