



Wednesday Week 3

Allergens Report

Primary

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Vegetarian Cottage Pie new mash	Y Bar								Y						
Chopped Tomatoes															
Phase Cooking & Baking Fat															
Carrots															
Quorn Mince : 50% Extra Free	Y Bar								Y						

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Schwartz for Chef Mixed Herbs															
Phase Cooking & Baking Fat															
Bisto Gravy Granules															
Vegetable															
Potato : Pre Cooked															
Onions : Cooking															
Ground : Black Pepper															
Fish Fingers	Y Whe			Y											
Birds Eye Fish Fingers : MSC : 28g (1oz) : MSC : omega 3	Y Whe			Y											
Mashed Potatoes															
Potato : Pre Cooked															
Phase Cooking & Baking Fat															
Peas & Sweetcorn															
Garden Peas															
Sweetcorn															
Mash Potatoes										Y				Y	
Maggi Instant Mash : Low Salt										Y				Y	
Fresh Fruit Salad															
Apples : Dessert															
Pears : Conference															

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Banana															
Oranges : Medium															
Grapes : Green															
Pineapple : Large															
Lemon															
Muller Yoghurt										Y					
Müller Strawberry : Healthy Balance										Y					
Vanilla Ice Cream										Y					
Ice Cream Tubs : Vanilla : Info: insulated, value										Y					

Yes

May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews

Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts