



Primary

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Chicken Curry												Y			
Carrots															
Onions : Cooking															
Potatoes : Mids : Washed															
Tomato Paste : Italian															

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Curry Powder : Info: standard												Y			
Vegetable															
Vegetable Oil															
Cornflour															
Garden Peas															
Wilsons Farm Assured : Diced Chicken : Breast															
Cheesy Tomato Pasta Bake	Y Whe									Y					
Piero Fornelli Penne Wholewheat	Y Whe														
Maggi Sauce : Tomato : Rich & Rustic															
Vegetable Oil															
Peppers : Red															
Onions : Cooking															
Garlic															
Peppers : Green															
Peppers : Yellow															
Pizza Topping Mix : Grated : Value										Y					
Rice															
Tilda Brown "N" White Rice															
Garlic Bread	Y Whe							Y	M	Y					
Phase Cooking & Baking Fat															

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Garlic															
Mcd White Bread Roll Mix 1x3.5kg	Y Whe							Y	M	Y					
Naan Bread	Y Whe									Y					
Chota Naan : fully baked	Y Whe									Y					
Peas & Carrots															
Carrots															
Garden Peas															
Green Salad															
Onions : Spanish															
Cucumber															
Peppers : Green															
Lettuce : Iceberg															
Chocolate & Cherry Muffin	Y Whe									Y				Y	
Phase Cooking & Baking Fat															
Demerara Sugar															
Wholemeal Flour	Y Whe														
Plain Flour	Y Whe														

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Sysco Classic Baking Powder	Y Whe														
Freshers Cocoa Powder : Low Fat															
Milk Semi Skimmed										Y					
Curtis Glace Cherries : Whole														Y	
Fresh Fruit Salad															
Apples : Dessert															
Pears : Conference															
Banana															
Oranges : Medium															
Grapes : Green															
Pineapple : Large															
Lemon															
Muller Yoghurt										Y					
Müller Strawberry : Healthy Balance										Y					

* Allergens marked with 'M' may contain that allergen.

Yes

May Contain

Allergen

Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts