

**Please visit: [www.dudleyparents.co.uk](http://www.dudleyparents.co.uk) and choose the Parenting programme you would like to attend and book a place.**



**Scroll to the bottom and book here:**

Book and register here

**FIND A PARENTING PROGRAMME**

**You can find out more about the different types of programmes. You can also click- top right for frequently asked questions-FAQS.**

**If you are not sure which would be the most appropriate programme for your needs, please call [01384 813954](tel:01384813954) or email [parenting@dudley.gov.uk](mailto:parenting@dudley.gov.uk) for more information**

**\*\*PLEASE NOTE: Most sessions can also be joined remotely via Microsoft Teams, if this is preferable. Please state this on your booking request\*\***

**Would you like to do online programmes, independently (at no cost)?** These include ante-natal, couple relationships, additional needs and baby. Many of them are translated into other languages. To access these programmes, simply go to: [www.dudleyparents.co.uk](http://www.dudleyparents.co.uk)

**Parenting Programmes**  
**Spring Term 2026 - Timetable**

Day	Venue	Start Time	End Time	Start Date (informal Session)	Session 1	Session 2	Session 3	Session 4	Session 5	Session 6	Session 7	Session 8	Session 9
HENRY Preparation for Parenthood  MONDAY	The Source Barnett Lane DY8 5PY  Clare Walters Julie Whitehouse	12.30	14.30	2 Feb	9 Feb	23 Feb	2 Mar	9 Mar	16 Mar	Final 23 Mar			
HENRY Right from the Start  TUESDAY	Lye Family Hub DY9 8HT  Anne Greening Helen Holmes	09.45	11.45	20 Jan	27 Jan	3 Feb	10 Feb	24 Feb	3 Mar	10 Mar	17 Mar	Final 24 Mar	
HENRY Right from the Start  THURSDAY	Stourbridge Family Hub DY8 1XF  Claire Homer Emma Stevens	09.45	11.45	22 Jan	29 Jan	5 Feb	12 Feb	26 Feb	5 Mar	12 Mar	19 Mar	Final 26 Mar	

Day	Venue	Start Time	End Time	Start Date (informal Session)	Session 1	Session 2	Session 3	Session 4	Session 5	Session 6	Session 7	Session 8	Session 9
HENRY Growing Up WEDNESDAY	Brierley Hill Family Hub DY5 3DY  Helen Holmes Nicola Jones	09.30	11.30	14 Jan	28 Jan	4 Feb	11 Feb	25 Feb	4 Mar	11 Mar	18 Mar	Final 25 Mar	
Triple P for Babies TUESDAY	Lye Family Hub DY9 8HT  Louisa Cook Emma Stevens	12.30	14.30	13 Jan	20 Jan	27 Jan	3 Feb	10 Feb	Phone calls	Phone calls	Phone calls	Final 17 Mar	
Triple P for Babies for expectant parents or those with children under 12 months THURSDAY	Dudley Family Hub DY2 8LJ  Laura Glazzard Becky Westwood	09.30	11.30	15 Jan	22 Jan	29 Jan	5 Feb	12 Feb	Phone calls	Phone calls	Phone calls	Final 19 Mar	
Triple P Stepping Stones for parents of children with a disability who are under 11 yrs old THURSDAY	Dudley Family Hub DY2 8LJ  Tina Morris Fozia Zahid	12.30	14.30	15 Jan	22 Jan	29 Jan	5 Feb	12 Feb	26 Feb	Phone calls	Phone Calls	Phone calls	Final 26 Mar



Day	Venue	Start Time	End Time	Start Date (informal Session)	Session 1	Session 2	Session 3	Session 4	Session 5	Session 6	Session 7	Session 8	Session 9
<b>FEARLESS</b> for parents whose child aged 6+ is experiencing anxiety which affects their everyday life  <b>MONDAY</b>	<b>Coseley Family Hub WV14 9DS</b>  Sharon Williams Karen O'Driscoll	09.45	11.45	12 Jan	19 Jan	26 Jan	2 Feb	9 Feb	23 Feb	Final 2 Mar			
<b>GROUP</b> For parents of children aged 2 -10yrs old  <b>MONDAY</b>	<b>Coseley Family Hub WV14 9DS</b>  Kate Forrest Mona Kaid	12.30	14.30	12 Jan	19 Jan	26 Jan	2 Feb	9 Feb	Phone Calls	Phone Calls	Phone Calls	Final 16 Mar	
<b>ADHD</b> for parents of children with ADHD  <b>WEDNESDAY</b>	<b>Lye Family Hub DY9 8HT</b>  Alison Bond Nicola Hancox-Parkes	10.00	12.00	14 Jan	21 Jan	28 Jan	4 Feb	11 Feb	25 Feb	4 Mar	11 Mar	Final 18 Mar	
<b>Adolescent</b> for parents of children aged 11-16 years old  <b>FRIDAY</b>	<b>Stourbridge Family Hub DY8 1XF</b>  Sharon Williams Korin Worby	10.00	12.00	16 Jan	30 Jan	6 Feb	13 Feb	27 Feb	6 Mar	13 Mar	20 Mar	Final 27 Mar	

Day	Venue	Start time	End time	Start Date (informal Session)	Session 1	Session 2	Session 3	Session 4	Session 5	Session 6	Session 7	Session 8	
<p><b>NVR</b> for parents of children aged 11-16 years old who display aggressive behaviour towards parents</p> <p><b>WEDNESDAY</b></p>	<p><b>Brierley Hill Family Hub DY5 3DY</b></p> <p>Sharon Williams</p>	12.30	14.30	14 Jan	28 Jan	4 Feb	11 Feb	Phone calls	4 Mar	11 Mar	18 Mar	Final 25 Mar	