



PE Knowledge Organiser

Year 5: Summer Term

Cricket

Key Knowledge and Skills:

Throwing and catching:

- Bring the ball into your body when catching to cushion the ball.
- Step forward with the opposite foot to your throwing arm.



Close catching



Deep catching



Overarm Bowling Technique:

Grip: hold the ball with two fingers and thumb.

Movement: draw a number 6 with bowling arm.

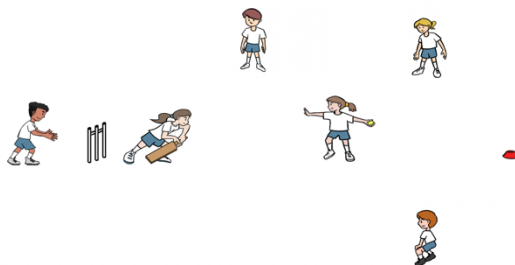
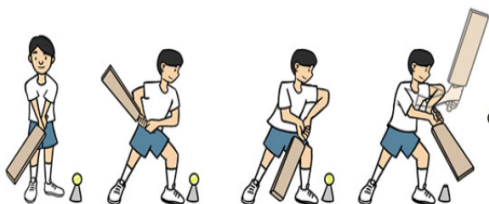
Step forward with opposite foot to bowling arm to help with balance.

Release with a straight arm, follow through with the same foot stepping forward for power.



How to score:

- Runs are scored when a batter hits the ball and runs between the wickets.
- If a bowler hits the wicket when bowling a batter is out.
- Batters use their bat to hit the ball and protect the wicket.
- Batters try to bat the ball into a space away from the fielders.



Key Vocabulary:

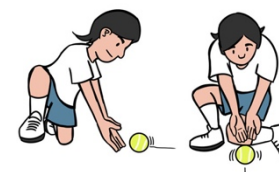
Vocabulary:	Definition:
Short barrier	One way of stopping the ball- Turn your foot sideways and place it behind the ball with your hand in front of your foot.
Long barrier	One way of stopping the ball- Get low to the ground, side on to the ball with one knee touching the heel of the opposite foot creating a barrier.
Wickets	The stumps the bowler aims for. If the wickets are hit, the batter is out.
Tracking	The act or process of following something or someone.
Umpire	Two men/women who stand on the pitch to officiate the match, deciding when a batsman should be given out.

Fielding Techniques:

- Use an overarm throw
- Two handed pick up and throw
- Chase the ball so your body is in line with it
- Use a short or long barrier to stop the ball



Short barrier



Long barrier