



PE Knowledge Organiser

Year 3: Summer Term

Cricket

Key Knowledge and Skills:

Overarm throw:

- Point your throwing hand in the direction of the target after release.
- Step forward with the opposite foot to throwing arm.



Underarm bowl:

- Step forward with the opposite foot to bowling arm.
- Ball must bounce once before the receiver catches/hits it.

Catching:

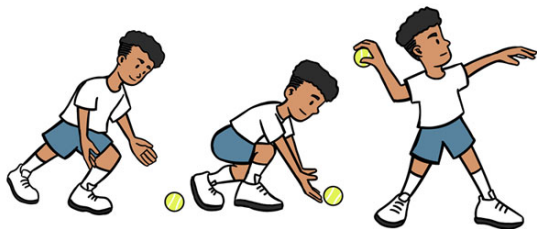
- Look at the ball.
- Catch with one or two hands using wide fingers.

Batting Technique:

- **Grip** → Fingers and thumbs wrapped around the bat handle. Make a 'V' using thumb and forefinger in line with the spine of the bat. Dominant hand at the bottom, non-dominant at the top.
- **Stance** → feet parallel shoulder width apart, knees slightly bent, head still.
- **Swing** → push the bat straight, swing your arms away from your body. Keep your head and rest of the body still.



Fielding Techniques:



Two- handed pick up

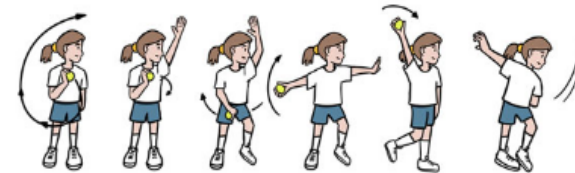


Short barrier

Key Vocabulary:

Vocabulary:	Definition:
Fielders	A player who occupies a defensive position while the other side is batting.
Batters	The act or skill of hitting the ball with a bat.
Striker/ Striking	A batsman facing the bowler is called the striker. Hitting the ball.
Tracking	The act or process of following something or someone.
Bowling	The action of a bowler in sending down balls towards the batsman's wicket.
Technique	Skill or ability in a particular field.

Overarm bowl:



Roles in Cricket:

- Fielder – catch the ball, retrieve the ball, send the ball back to the bowler/wicket keeper.
- Batter – hit the ball as far as possible and into space away from the fielders, score runs.
- Bowler – bowl the ball accurately to try to hit the wicket.
- Wicket keeper – retrieve/catch the ball if the batter misses it, receive the ball from the fielders, stump the batter out.