

PE Knowledge Organiser

Year 4: Spring Term

Tri-Golf

Key Knowledge and Skills:

Learn the areas and parts of the golf course and safety rules

- Discuss the importance of playing games honestly and counting an accurate score.
- Keep a safe distance from your partner when they are swinging. Identify the 'safe area.'
- Keep your eye on the ball and swing the club forwards with a smooth and controlled action.
- Adjust the force in the swing to match the distance to the target.
- Give feedback to partners – coaching tips, accuracy and direction, swing action, holding the golf clubs.
- Course layout- green, bunker, hole and hazards e.g. bunker, water – give feedback to partners.

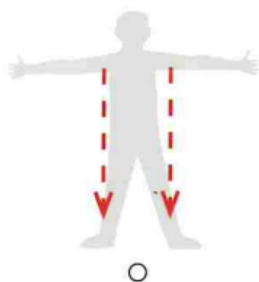
To use the correct grip and stance when playing golf

How to stand

To swing with balance it is important to stand correctly.

Ensure:

- Feet are approx shoulder width apart (see right).
- Ball is in line with the centre of the feet (see above).
- Toes and belt-buckle are facing the ball.
- Tip – Feet together opposite ball, then little step left, little step right.
- Tip – Use the rubber foot prints provided with the Tri-Golf equipment bag.

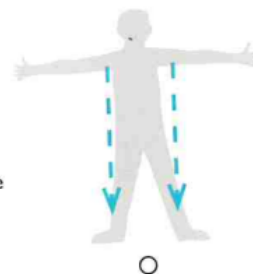


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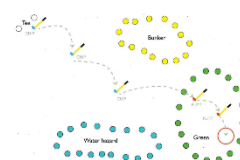
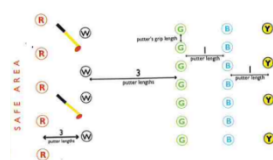
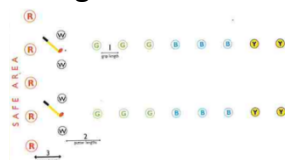
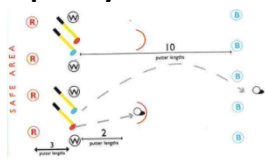
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Putting

Sample layouts for skills and a game

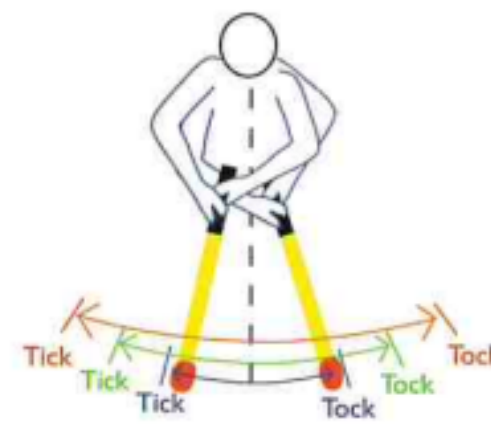


Chipping

Key Vocabulary:

Vocabulary:	Definition:
tee	where the golf ball is placed to begin striking the ball
green	flat area by the hole to be putted
bunker	a sand area (marked by cones)
putt	short shot played on the green
chip	carry the ball onto or as close to the green (hole) as possible
putter	golf club used to putt the ball
chipper	golf club used to chip the ball
pendulum swing	using a tick tock swing action to putt the ball
target	golf is a target game – what you are aiming for, hole
hole	target (half hoop in tri golf)

Pendulum swing



Similar to the pendulum on a clock – tick tock – swing backwards and forwards.