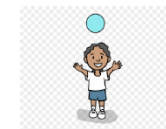




PE Knowledge Organiser

Year 3: Spring Term

Tag Rugby



Key Knowledge and Skills:

How to pass a rugby ball:

- Create a W shape with your hands on the side of the ball; keep your fingers spread out.
- Turn and look at the person you want to pass to.
- Make sure you are sideways and in front of your receiver (this is because in tag rugby the ball is only allowed to be passed sideways or backwards).
- Swing your arms back and forth like a pendulum.
- Use an underarm throw with two hands.
- Release the ball with your arms pointing towards the receiver.
- Once you have passed the ball, get back into a position behind the ball carrier.



Develop an understanding of tagging rules:

- Get close to the attacker before reaching for the tag.
- Do not block or protect your tags.
- Hold the tag in the air and shout 'tag'.
- Hand the tag back to the person you have tagged.
- Pass the ball if you have been tagged.



Dodge a defender and move into space when running towards the goal:

- Stay in front of the ball carrier when they are defending.
- Bend down low and push off one foot to change direction.
- Move at speed to lose a defender.
- Use small side steps to be able to change direction quickly and get past the defenders.
- If you are an attacker and haven't lost the defender on your first movement, you need to double dodge.

Key Vocabulary:

Vocabulary:	Definition:
Dodging	Moving out the way of the other team.
Tagging	Pulling the tag off an opponent.
Attacker	Someone who is trying to score points.
Defender	Someone who is trying to protect their goal/ball.
Tactics	Using different passes, tricks or strategies to win points.
Opponent	The opposite team/someone you are playing against.
Possession	Keeping the ball on your team (not giving it away).

Apply the rules and tactics of tag rugby to a game:

- Two tags must be worn – one on each side.
- You have 3 seconds to pass the ball if you are tagged.
- If three tags are made in one attacking play, the ball goes to the opposition.
- The tagger must hand back the tag before re-joining the game.
- Pass the ball backwards or sideways.
- Shake hands with your opposition at the end of the game and say 'well played.'

Forward pass: forward passes are not allowed and will be penalised by a free pass being given to the non-offending team. A forward pass is any pass where the ball travels in the direction of the teams scoring line (try line).

Offside rule: when a tag is made, all defending players must get to an onside position. Onside is in front of the ball carrier, offside is behind the ball carrier.

