



PE Knowledge Organiser

Year 2: Spring Term

Team Building



Key Knowledge and Skills:

Following instructions:

- Listen carefully or read the instructions carefully.
- Think about the information.
- Make a plan.



What makes a good team?

- Listening to each other.
- Being respectful to each other.
- Communicating clearly.
- Supporting each other.
- Use kind words to encourage and support your team.

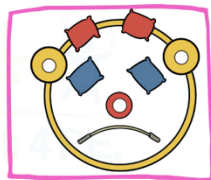
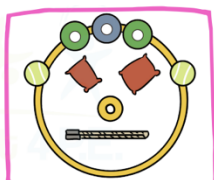
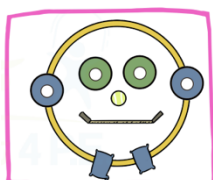
How to communicate effectively:

- Use clear directions and short instructions e.g. forwards 2 steps, bend down.
- When one of you is blindfolded, stay close to your partner.
- Be sensible in the instructions to keep people safe.



Creating basic maps:

- Read the key carefully.
- Look at what equipment you need.
- Communicate with each other carefully.
- Give each person in your team a job.



Key Vocabulary:

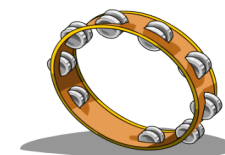
Vocabulary:	Definition:
Teamwork	Working effectively as a group to achieve something.
Communication	Exchanging information by speaking or writing.
Planning	Making plans in order to achieve something.
Co-operate	Working together.

Working as a team to solve problems:

Elephant Walk: Stand in a line. Place your left hand between your legs so the person behind you can hold it with their right hand.



Jingle Ball Pass: Work together to pass the ball or the tambourine around the circle without it making a noise.



Balloon Keep Ups:

Work together as a team to keep the balloon up in the air. Can you use different parts of your body? Can you keep the balloon up without using your hands?

