



PE Knowledge Organiser

Year 5 Autumn Term

Tag Rugby

Key Knowledge and Skills:

When to run and when to pass:

- Run to get closer to the try line.
- Pass to a player who has enough space.



How to throw and catch with control:

- Hold the tag rugby ball making a W with your hands.
- Pass at hip height.



How to apply the forward pass and offside rule:

- When a tag is made, all defending players must get to an onside position.
- Onside is in front of the ball carrier.
- Offside is behind the ball carrier.
- Defenders are not allowed to intercept or block the pass after a tag is made.

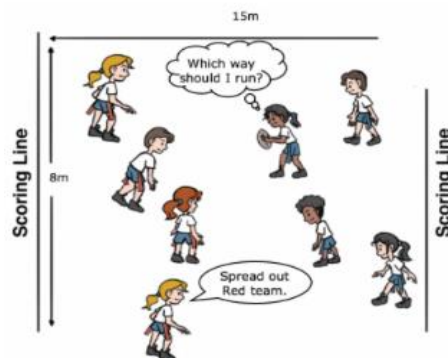


Tactics for attacking and defending:

- Use dodging skills to get past other players.

How to draw the defence to enable another player to be in space to run with the ball:

- Run into space.
- Pass when the defender comes near you.



How to work as a defending unit:

- Communicate with each other so your team know your next moves.

Key Vocabulary:

Vocabulary:	Definition:
Forward Pass	Passing forward.
Offside	When a player is further forward than the ball and tries to intercept.
Try	When players place the ball on or over the try line (1 point).
Attack	Using techniques to score.
Defend	Using techniques to defend your goal.
Intercept	Using techniques to interrupt a pass from the opponent team and take the ball.
Tag	Velcro patches attached to the players.

Remember:

Teams

Maximum 8 a side.

Passing

No forward passes.

Only sideways and backwards.

Tagging

Only the ball carrier can be tagged.

Scoring

To score, the ball must be placed down under control over the try line: this is called a try.

