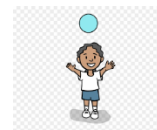




PE Knowledge Organiser

Year 3 Autumn Term

Dance



Key Knowledge and Skills:

Move in unison and/or contact with a partner:

- Use counts of 8 to help you to stay in time with each other and the music.
- One person should count you in so that you start at the same time.
- Share ideas, listen to each other and try out each other's ideas.
- Use opposites such as forwards and backwards or up and down.
- Use a wrist grip for good control if pulling away from each other when spinning.



Know how dynamics affect actions performed:

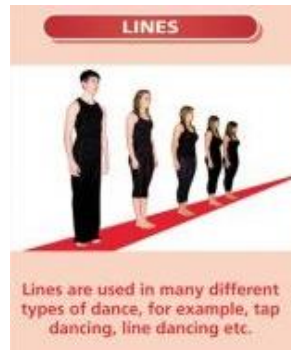
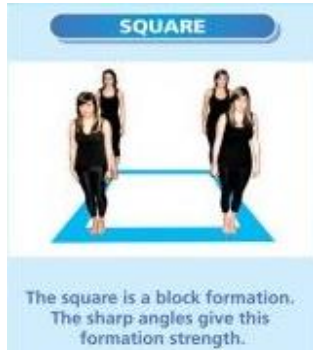
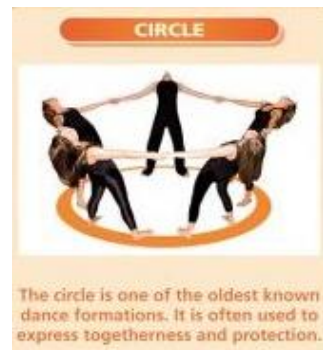
- Think about how the different dynamics could be shown by different dance movements. How will you perform each action?



Select and use actions to represent an idea:

- Think about the stimulus you have been given. What parts does it have? How would you describe it? These things may help you to think of different movements that could represent it.
- Use different levels and speeds.
- Think about the use of space around you.

Use different formations to make your dance look interesting:



Key Vocabulary:

Vocabulary:	Definition:
canon	Perform the same movement as others, one after the other.
unison	Perform the same movement as others, at the same time.
formation	This is the position or layout that your group are in for parts of your dance.
dynamics	Whether the music is loud or quiet and what movements are used to show this.
stimulus	The idea that your dance is based on.

Use transitions and changes of timing to move into and out of shapes:

- Think about different travelling actions.
- Think about the use of space around you.
- Think about the speed that you are moving.
- Use changes in pathway/direction.



