



PE Knowledge Organiser

Year 2: Autumn Term

Striking & Fielding



Key Knowledge and Skills:

What is a Striking & Fielding game? This is a game where there are two teams, one who is called the batting team who tries to score points and the other who is called the fielding team who tries to stop the batting team from scoring points e.g. cricket, rounders and baseball. The fielding team will also include a bowler who throws the ball to the batsman.



Fielding Skills:

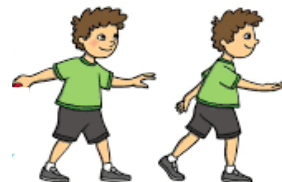
- Keep your eyes on the ball, move your feet to get in line with the ball or move towards the ball and scoop with two hands using wide fingers.
- Be ready to move in any direction. Bend your knees and stand on the balls of your feet.
- Communicate with your teammates to decide who will collect the ball.
- To catch, have hands out ready, watch the ball as it comes towards you and snatch it into your chest.
- Use big wide fingers and catch with two hands.



Bowling Skills:

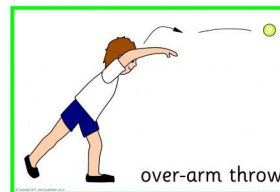
When using an underarm throw (short distances):

- Swing your arm backwards and then forwards.
- Put your opposite foot forward to your throwing arm- this will help you balance.
- Release the ball making sure your fingertips point at the batsman.



When using an overarm throw (long distances):

- Step forwards with the opposite foot to your throwing arm.
- Make sure your throwing arm is in line with your elbow.
- Point your hand towards the target.



Striking Skills:

Hitting the ball far away will give you time to score more points. Strike quickly to hit as powerfully as possible to hit over a further distance making it harder for the fielders.

- **Striking with your hand:** Use a strong, open palm to strike the ball.
- **Striking with your foot:** Kick through the ball using the inside of your foot.
- **Striking with a bat:** Stand sideways on. Hit the ball in the centre of the bat.



Key Vocabulary:

Vocabulary:	Definition:
Striking	To hit or make contact with a ball.
Fielding	Trying to catch or stop the ball to prevent points from being scored.
Batsman/Batter	The person who is striking the ball.
Base	A post which the fielders have to run to in order to score points.
Stump	When a fielder touches the base with the ball to try and get a batter out.
Underarm Throw	A type of throw that uses a swinging action. It is used for throwing over short distances.
Overarm Throw	When you throw a ball with your arm high above your shoulder. It is used for throwing over long distances.

Trying to get a batter out:

- Look at where the batter is before making a decision about where to send the ball.
- Make sure the person you are throwing to is looking at you.
- Track the ball as it is thrown to you to have the best chance at catching it.

