



PE Knowledge Organiser	
Year 1 Autumn Term	Dance



Key Knowledge and Skills:

- Travel in time with the music: count to the beat- 1, 2, 3, 4, 5, 6, 7, 8
- Repeat actions.
- Listen to the music and show expression in your face and body.
- Change direction and speed to make your dance look interesting.
- Tell a story through dance.
- Pirates dance:



Steer the ship.



Look through the telescope.



Argh!



Walk the plank!

Key Vocabulary:

Vocabulary:	Definition:
expression	Show your feelings.
travelling	Move around the space.
level	Travel high or low.
perform	Show others.
Shape	Make a shape with your body.
copy	Use others ideas.

- Use a pathway when travelling:

